Alcohol and Other Drugs Biennial Review

2020-2022 Academic Years



UNIVERSITY OF KENTUCKY



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Biennial Review Process

This report was compiled by Corrine Williams, Sc.D., Associate Vice President for Student Wellbeing; Jody Ensman, M.S., HR Health and Wellness Manager; and Madeline Trudeau, M.A., Director of Assessment for Student Success.

Staff from the following departments also contributed to this report:

- Office for Student Success
- HR Employee Relations
- · HR Benefits
- UK Police Department
- Office of Student Conduct
- Prevention, Outreach, and Wellness Education Resources (POWER)
- Residence Life
- Fraternity and Sorority Life
- Student Organizations and Activities

Introduction

The 2023 Drug Free Schools and Communities Act biennial report covers the 2020-2021 and 2021-2022 academic years. The report is prepared to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act. As stated in Part 86, in order to comply with regulations an institution of higher education (IHE) must:

- 1. Annually notify each employee and student, in writing, of standards of conduct; a description of appropriate sanctions for violation of federal, state, and local law and campus policy; a description of health risks associated with alcohol and other drugs (AOD) use; and a description of available treatment programs.
- 2. Develop a sound method for distributing annual notification information to every student and staff member each year.
- 3. Prepare a biennial report on the effectiveness of its AOD programs and the consistency of sanction enforcement.

In accordance with compliance guidelines, the biennial review has two objectives:

- To determine the effectiveness of, and to implement any needed changes to, the AOD prevention program.
- To ensure that campuses consistently enforce disciplinary sanctions for violating standards of conduct.

Annual Policy Notification Process

In compliance with the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities of 1989, the University of Kentucky provides annual notice to all faculty, staff and students. This notice is distributed via email from UK Human Resources to each employee and from the Office for Student Success to each student. The notice is also available to be viewed online at www.uky.edu/disclosures. The annual notice includes:

- Standards of conduct that clearly prohibit at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol. Applicable potential sanctions under the Student Code of Conduct are also included.
- A description of the health risks associated with the abuse of alcohol or use of illicit drugs.
- A list of counseling, treatment, rehabilitation and training resources available to all UK community members and a list of those specific to UK students and UK employees.
- A clear statement that the university will impose disciplinary sanctions on students and employees for
 violations of the standards of conduct and a description of those sanctions, up to and including expulsion or
 termination or employment and referral for prosecution.

The most recent annual notification is included in Appendix A.

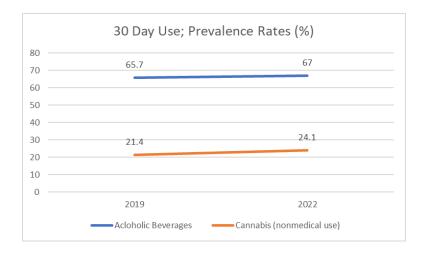
Kersten Durner	Gina Dugas		
Dr. J. Kirsten Turner	Gina Dugas		
Vice President for Student Success	Acting Chief Human Resources Officer		

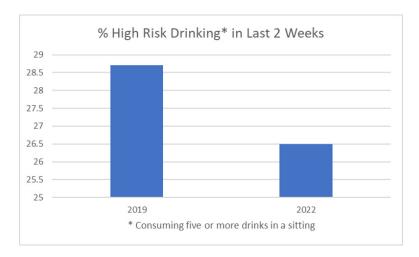
Alcohol and Other Drug Prevalence Rate, Incidence Rate, and Trend Data

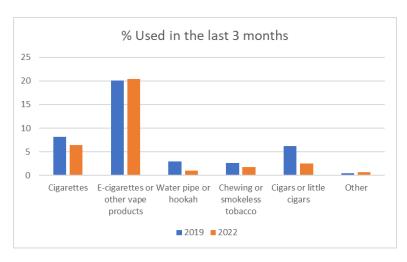
National College Health Assessment (NCHA-III)

During this biennial period, the University continued its implementation of the National College Health Assessment (NCHA-III) survey. The survey was distributed in Spring 2022. The NCHA-III was also distributed in Fall 2019.

Note: Changes were made to the NCHA-III survey instrument and prevalence rates are reported differently than in the NCHA-II, which the University distributed in Fall 2015 and Fall 2017.







Office of Student Conduct

The Office of Student Conduct typically considers the fall semester as July 1 of a calendar year through December 31 and the spring semester as January 1 through June 30.As such, the semesters for this report are defined as FA 2020 (7/01/2020-12/31/2020), SP 2021 (1/1/2021-6/30/2021), FA 2021 (7/01/2021-12/31/2021), and SP 2022 (1/01/2022-6/30/2022). This same definition was then used as data was sourced from UKPD and Human Resources.

The following table shows the number of cases, by charge, and where the student was found responsible. A list of charge definitions can be found in Section VI of the Code of Student Conduct (AR 4:10) and is included in Appendix B. This report was generated using a Maxient report by the Office of Student Conduct.

Charge	FA 2020	SP 2021	FA 2021	SP 2022
Misuse of Alcohol	42	27	18	56
Misuse of Drugs	8	6	4	9
Public Intoxication	4	9	12	16
Use/Possession Drug	21	17	9	19
Public Intox Drug	1	0	0	0
Paraphernalia Drugs	15	3	4	12
Use/Possession Alcohol	279	91	129	119
Public Intox Alcohol	11	14	17	8
Drinking Games	32	9	0	7
Paraphernalia Alcohol	56	26	10	28
Tobacco	8	1	5	5
Total	477	203	208	279

The following table shows the number of sanctions assigned to students in the corresponding semester, a list of sanction definitions can be found in Section VII of the Code of Student Conduct (AR 4:10) and is included in Appendix B. This report was generated using a Maxient report by the Office of Student Conduct:

Sanctions	FA 2020	SP 2021	FA 2021	SP 2022
Alcohol Sanctions (Online Education)	246	61	111	71
Alcohol U Workshop	18	24	19	16
BASICS	11	9	3	9
Drug U Workshop	16	10	6	5
ECheck Up Course	28	7	17	40
Drug Rx	1	0	0	2
CASICS	3	0	2	3

UK Police Department

With the assistance of the UKPD, the following statistics were determined using the UKPD Crime Log (https://crimelog.uky.edu/). For consistency, the same semester dates for FA20, SP21, FA 21, and SP 22, as defined by the Office of Student Conduct, were used here. It is important to note that incidents reported to UKPD may involve members who are not staff, faculty, or students. Crimes are recorded on the crime log that occur on campus, in or on non-campus buildings or property, on public property within the campus or immediately adjacent to and accessible from campus, and within the patrol jurisdiction of UKPD.

	FA 2020	SP 2021	FA 2021	SP 2022
Alcohol Intoxication	46	34	46	35
Drug Violations	119	108	90	112
DUI	43	41	55	34
Public Intoxication	7	7	4	6
Liquor Law Violation	115	60	78	47

Per the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 and the Kentucky Postsecondary Education Campus Security (Minger) Act of 2000, UKPD produces an Annual Safety & Security Report which can be found on the <u>UKPD website</u>.

UK HR Employee Relations Data

The following table shows the number of employee terminations relative to employee drug and alcohol use. Although the university tracks suspensions, suspensions related to drug and alcohol are not captured.

Date Parameters Reviewed by Violation Date	FA 2020	SP 2021	FA 2021	SP 2022
Alcohol Abuse Termination	0	0	2	0
Drug Termination	1	2	1	0
Alcohol and Drug Termination	0	0	1	0

NOTE: This information is pulled from internal working document(s). This information is not indicative and/or cumulative for university numbers regarding termination relative to drug and/or alcohol abuse as it is not the permanent record for the university.

University Drug and Alcohol Policies, Regulations and Resources

Standards of Conduct

By university regulations, federal law, state law and, in some instances, by local ordinance, students, faculty and staff are prohibited from the unlawful possession, use, dispensation, distribution or manufacture of controlled substances on university property, on university business and/or at university sponsored activities. Under university regulations, students, faculty and staff are required to abide by state laws concerning alcoholic beverages.

Kentucky law states that if one is under the age of 21, it is unlawful to:

- 1. Possess or consume alcoholic beverages
- 2. Misrepresent one's age for the purpose of purchasing alcoholic beverages.
- 3. Use a fake ID in an attempt to purchase alcoholic beverages.

No matter what one's age, Kentucky law states that it is unlawful to:

- 1. Procure any alcoholic beverages for anyone under the age of 21 or
- 2. Drink or to be drunk in a public place.

University campuses and buildings are considered public places for purposes of these laws, except for a facility licensed to serve alcoholic beverages, and except for a facility used as a private residence, unless university regulations state otherwise.

In addition, it is a violation of state law to operate a motor vehicle while under the influence of any substance that may impair one's driving ability (drugs or alcoholic beverages). Lexington-Fayette Urban County Government ordinances parallel state law.

Any member of the university student body, faculty or staff who violates these defined standards of conduct shall be subject to appropriate disciplinary action up to and including suspension and/or termination. The specifically defined standards of conduct, the disciplinary procedures and the appropriate sanctions are set forth in the Code of Student Conduct and in Administrative Regulation 6:4, and Human Resources Policy & Procedures Numbers 13.0 and 14.0.

Administrative Regulation 6:4: Alcohol Policy

The University expects its students and employees to be acquainted with and abide by state laws and University regulations regarding alcohol and drugs and to be aware of the social, physiological, and psychological consequences of excessive drinking to make responsible and informed decisions about the serving and consumption of alcohol. The University provides regular educational programs on alcohol and drug abuse as well as counseling services. The University alcoholic beverage policy is consistent with the laws of the Commonwealth of Kentucky, which, in general, prohibit the possession, consumption, and serving of alcoholic beverages by and to persons less than twenty-one (21) years of age.

The University does not permit alcoholic beverages in classrooms, laboratories, offices, the undergraduate sections of university apartments or in the individual rooms of residence halls and fraternity and sorority houses. However, new policy dictates that alcohol can be consumed in common areas of residence halls and fraternity/sorority houses during registered student organization-sponsored events that meet certain requirements (e.g., security, third-party server, number of guests of legal age to drink, etc.). The University permits alcoholic beverages in graduate student apartments and houses, married student housing, and non-student residential housing, provided such use does not violate any law or University regulation. Alcoholic beverages are also permitted in University facilities for private events with permission of the Provost or appropriate executive vice president, provided such use does not violate any law or University regulation.

The full text of the University's Alcohol Policy (Administrative Regulation 6:4) can be found on online here.

Administrative Regulation II-1.1-11: Alcohol Abuse Policy and Procedures

The University is committed to providing a healthy and safe workplace for its employees. The problem of alcohol abuse constitutes a growing national crisis; therefore, the University has this alcohol abuse policy.

A. Conduct which is a violation of this policy poses unacceptable risk and disregard for the health, safety and welfare of co-workers, students and the total University community.

- 1. Alcohol abuse, or being under the influence or the unauthorized use or consumption of alcohol on University of Kentucky property or while on University business, is prohibited and is subject to disciplinary action up to and including suspension and/or discharge.
- 2. Reporting to work under the influence of alcohol is prohibited and is subject to disciplinary action, up to and including suspension and/or discharge.

The full text of the University's Alcohol Abuse Policy and Procedures (Administrative Regulation II-1.1-11) can be found online here.

Human Resources Policy and Procedure 14: Alcohol Abuse

The University of Kentucky is committed to providing a healthy, safe and alcohol-free workplace for its employees. Human Resources Policy and Procedure 14: Alcohol Abuse details the specifically defined standards of conduct, disciplinary procedures, and the appropriate sanctions for both staff and student employees of the university.

The full text of Human Resources Policy and Procedure 14: Alcohol Abuse can be found online here.

Administrative Regulation II-1.1-10: Drug Abuse Policy and Procedures

The University of Kentucky is committed to providing a healthy and safe workplace for its most valuable resource – its employees. Conduct which is a violation of this policy poses unacceptable risk and disregard for the health, safety, and welfare of co-workers, students, and the total University community.

- A. The unlawful possession, use, dispensation, distribution or manufacture of controlled substances by employees, while on University of Kentucky property and/or on University of Kentucky business, is prohibited.
- B. Any employee who engages in the unlawful possession, use, dispensation, distribution, or manufacture of controlled substances, while on University of Kentucky property and/or on University of Kentucky business or who is convicted of a criminal drug statute violation which occurred in the workplace or while on University property is subject to disciplinary action, up to and including suspension and/or discharge.
- C. The legal use of prescribed medicines under the direction of a licensed physician is permitted. Employees in selected positions, designated by the University of Kentucky, are required to make such use known to an appropriate University of Kentucky representative. (See departmental standard operating procedures.) An employee using prescribed medicines should consult with a physician concerning the safe use of the drug during working hours.

The full text of the University's Drug Abuse Policy and Procedures (administrative Regulation II-1.1-10) can be found online here.

Human Resources Policy and Procedure #13: Drug Abuse

The University of Kentucky is committed to providing a healthy and safe workplace for its employees. Conduct that is a violation of this policy poses unacceptable risk and disregard for the health, safety and welfare of coworkers, students and the total University community. Human Resources Policy and Procedure #13: Drug Abuse details the specifically defined standards of conduct, disciplinary procedures, and the appropriate sanctions for both staff and student employees of the university.

The full text of Human Resources Policy and Procedure #13: Drug Abuse can be found online here.

Student Code of Conduct

The UK Code of Student Conduct (Administrative Regulation 4:10) affirms the rights and responsibilities of students as part of the UK community and outlines student behavioral standards. AR 4:10 provides expectations for behavior both on and off campus, states student rights, outlines the process for non-academic student conduct procedures, and details the possible restorative actions for students and/or registered student organizations found responsible for a violation of the code. It also contains the amnesty policy allowing students who seek emergency assistance for themselves and other persons experiencing drug or alcohol-related emergencies to not be charged or sanctioned for violations of the drug or alcohol-related policies.

The full text of the Code of Student Conduct can be found online here.

Drug-Free Policy Statement

The University is committed to providing a healthy and safe environment for its students, faculty, and staff. The University has defined conduct concerning the unlawful possession, use, dispensation, distribution or manufacture of alcohol or illicit drugs. Conduct that violates this definition poses unacceptable risks and disregard for the health, safety, and welfare of members of the University community and shall result in disciplinary action up to and including suspension or termination.

As a recipient of federal grants and contracts, the University gives this notice to students, faculty, and staff that it is in compliance with and shall remain in compliance with the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act of 1989. This notice informs students, faculty, and staff of the standards of conduct which shall be applicable while on University property, on University business, and/or at University-sponsored activities.

The full text of the University's Drug-Free Policy Statement can be found online here.

UKHC Policy# A09-005: Fitness for Duty Evaluations

Impaired workers pose unnecessary and unacceptable safety and health risks to themselves and to those with whom they work. Impairment also poses a threat to the wellbeing of UK HealthCare patients and visitors. This policy has been developed to promote a safe working environment for all UK HealthCare members, to provide patients with quality patient care and related services, and to assist UK HealthCare members in receiving appropriate counseling, referral, and treatment for alcohol and drug abuse and other problems that may adversely affect satisfactory job performance. All UK HealthCare members shall be alert to and promptly report UK HealthCare members who may be reasonably suspected to be impaired.

This policy supplements but does not override Administrative Regulation II-1.1-10, Drug Abuse Policy and Procedures, the Behavioral Standards in Patient Care, the UK HealthCare Medical Staff Bylaws, Policy A09-030, Impaired Practitioner, the GME Policy and Procedures, AR 4:10, Code of Student Conduct, Human Resources Policy and Procedures, and any other University regulation, policy, procedure or code that provides corrective action guidelines for UK HealthCare member absenteeism, unavailability for work, and/or inability to perform assigned duties.

UKHC Policy # A08-025: Behavioral Standards in Patient Care

The University of Kentucky Board of Trustees and the University Health Care Committee have approved and enacted the Behavioral Standards in Patient Care Commitments to Performance. These Standards and Commitments apply to all individuals who come into contact with patients of UK HealthCare or participate in UK HealthCare activities associated with patient care, irrespective of location. In addition, in an effort to foster a cohesive work culture focused on patient-centered care, UK HealthCare (UKHC), the College of Medicine (COM), and Eastern State Hospital (ESH) have developed and are committed to the following five core values to help guide actions, behaviors and decision-making. The core values were developed to complement the Standards and Commitments to help shape a culture and build a stronger foundation for how employees, residents, fellows, and medical staff treat patients and each other.

All team members shall hold each other accountable for living/practicing these DIReCT values. The five UKHC DIReCT values are:

- 1. Diversity: We foster a people-centered environment that is inclusive of all;
- 2. Innovation: We embrace continual learning and improvement to drive positive change;
- 3. Respect: We value our patients and families, our community, our co-workers, ourselves and the resources entrusted to us;
- 4. Compassion: We express empathy for the needs, thoughts, and feelings of those we serve and with whom we work; and
- 5. Teamwork: We cultivate and maintain meaningful relationships to create positive outcomes.

Programs

Alcohol Awareness and Education

Before arrival, all incoming students and transfer students under the age of 21 years are required to complete the online education alcohol and other substances prevention and intervention tool referred to as Vector Solutions AlcoholEdu. Those who fail to complete AlcoholEdu have a hold placed on their academic account, restricting them from enrolling in classes the following term, thus allowing us a high completion rate and the opportunity to provide valuable information to students throughout their transition to college. On a post-course survey for students who took the survey during the 2021-2022 academic year, 98% of respondents reported that AlcholEdu for College "helped them establish a plan ahead of time to make responsible decisions about drinking."

Prevention, Outreach, and Wellness Education Resources

A unit within the Office for Student Success, Prevention, Outreach, and Wellness Education Resources (POWER) leads and collaborates on most of the student focused efforts surrounding drug and alcohol education. This includes the Learning Bar, Collegiate Recovery Community, and resource fairs and outreach, described below.

The Learning Bar is a hands-on, interactive alcohol education experience set in a real bar. The training aims to reduce risks through increased knowledge, skill development, and resource acquisition. From FA21-FA22, POWER held 187 sessions attended by 2500 students. Additionally, 775 students attended six special events at the Learning Bar. At the end of the 50-minute session, students take an online evaluation. Topics covered include:

- Signs of alcohol poisoning
- Putting someone (with alcohol poisoning) in the recovery position
- Strategies to be an active bystander
- Ways to reduce risk/manage BAL when drinking
- UK's amnesty policy and Kentucky's amnesty law
- What constitutes a standard drink

Collegiate Recovery Community (CRC) provides a no-cost support system to students who are working to improve their addictive behavior, are curious about making changes, and are impacted by their friend or family member's addictive behavior. Weekly recovery meetings are all-recovery welcoming. The program connects students with campus resources, offers individualized recovery coaching, has weekly SMART recovery meetings, and fosters a community of students taking steps to achieve their desired well-being. It also provides Recovery Allies training, an interactive presentation to better understand recovery from addiction, ways to eliminate stigma, and how to become an Ally to those seeking a sober curious lifestyle.

Wellapalooza/Spring Break Bash/Recharge Events aims to increase awareness of Student well-being resources by addressing the social, emotional, and accessibility barriers students may experience when addressing a particular wellness dimension. All resources are gathered in a central campus location to allow students to engage with content experts and have them answer any questions concerning the student's well-being. The event has been offered five times from FA20-FA22 with an average attendance of over 300.

Fraternity and Sorority Life

Alcohol Skills Training Program (ASTP) is facilitated by POWER staff members and focuses on educating students on the effects of alcohol, so they will be able to make informed decisions surrounding alcohol. This 90-minute program discusses both the physical and psychological impact alcohol can have on the body. From 2020-2022, 5,621 Fraternity and Sorority Life (FSL) students attended ASTP.

Residence Life

Residence Life partners with POWER on a number of events including Mocktoberfest, 30 days to Recharge, and Wizarding Wildcats. Mocktoberfest has been offered twice in the time period of this review and is an alcohol risk reduction program focused on providing students with information, tools, and resources to improve safety. 30 Days to Recharge is a wellbeing improvement program including substance use safety and harm reduction. Wizarding Wildcats is an alcohol risk reduction program where students learn about a standard drink size and how to keep themselves well during a night out.

Individual residence halls put on various events throughout the year including Weed Wacker and Mocktails & Charcuterie. Weed Wacker was a partnership with the Collegiate Recovery Community staff to talk about cannabis use and the amnesty policy. Mocktails & Charcuterie is a Spring Break alcohol education program designed to test residents' alcohol safety and education knowledge. Additionally, several resident directors utilize the Learning Bar for their RA teams throughout the year.

Student Organizations and Activities

Required trainings for student organizations equip officers with policy awareness, including those related to drug and alcohol policies. One officer of every student organization is required to take the four-part student organization training and pass requisite quizzes. In the current academic year, the training included a policy training that references the UK Code of Student Conduct, Alcohol Policy and Tobacco Policy. There is a short assessment students must pass to meet this requirement.

Alcohol event monitor trainings and risk reduction meetings are also required for registered student organization events that will have alcohol present. These events are tagged by the Office of University Events to meet additional risk reduction requirements per the Dean of Students Student Organization Events policy. To meet this requirement, student organizations must meet with Student Organizations and Activities staff for a risk reduction meeting and meet the alcohol event monitor requirement. The alcohol event monitor requirements state that events must have one student event monitor for every 25 attendees and individuals must watch the Alcohol Event Monitor training and pass the corresponding quiz. Goals of the Alcohol Event Monitor Training include: examining the responsibilities of being an event monitor, reviewing conflict management and the Bystander Intervention model, instructing on responding to crisis situations, and informing on the university Alcohol Policy, including amnesty for students who proactively seek medical help for themselves or others, and required reporting.

Student Government

Kentucky Wildcab is a free, late night on-demand transportation option for UK students. This free service is primarily designed to provide a ride home to students and their guests while promoting responsible and safe latenight transportation decisions. Kentucky Wildcab service runs from 10 p.m. to 2 a.m. Thursday through Saturday, when fall and spring semester classes are in session.

Average wait times for a Wildcab are between 10 to 15 minutes; however, riders may experience shorter waits when demand is low and longer waits during peak demand. Upon arrival, the Kentucky Wildcab driver will wait for three minutes before cancelling the ride and moving on to pick up other passengers. Once a ride is requested, users will receive an alert notifying them when the cab is on the way and when their ride has arrived at the scheduled pick-up point.

Students may be asked to show a valid UK ID. Kentucky Wildcab service is limited to the general campus vicinity, with a pre-established travel zone designed to accommodate the majority of areas adjacent to campus and frequented by students. This service area is generally bounded by Versailles Road to the west, Sixth Street to the north, Tates Creek to the east and Southland Drive to the south.

Kentucky Wildcab is funded by the UK Student Government Association and Student Transportation Fee and operated by student drivers employed through UK Transportation Services. More information on how to access this free service is available on the <u>Student Government Association website</u>.

Parent and Family Association

The Family Alcohol Handbook isprovided online and printed copies are available to parents and families during summer orientation.UK staff worked with noted researcher Dr. Rob Turrisi from Penn State University to create a research-based resource guide for parents and family members. The Family Alcohol Handbook covers the significant impact alcohol and drug use can have on a college student's life, provides information for resources on campus, and gives guidance on having conversations with students. The handbook can be accessed on the Parent and Family Association website.

Counseling, Treatment, Rehabilitation and Training Resources

The University of Kentucky provides a wide variety of resources to all UK community members as well as those specific to students and employees. The following resources are included in the annual notice as well.

All UK Community Members

- UK Healthcare SMART Clinic: Comprehensive, innovative addiction treatment for alcohol and/or drug use disorders.
- FindHelpNowKy.org: Near-real-time availability of treatment openings for substance use disorder facilities across Kentucky.
- FindRecoveryHousingNowKY.org: Statewide recovery housing locator tool with near-real-time availability and an educational resources section.
- Mental Health Screening Tool: Need help in determining whether you are experiencing symptoms of a mental health condition? Use this online screening tool from Mental Health America

UK Students

- Behavioral Health at University Health Service: Evaluation, brief crisis intervention and medication management for a variety of difficulties, including drug and alcohol abuse.
- TRACS (Triage, Referral, Assistance and Crisis Support): One-stop shop where students can find support services or receive direct clinical support for a range of mental health needs and crises. Open 8 a.m. 5 p.m. weekdays.
- 218-YouK: Helpline for student questions no matter how big or small. Available 8:30 a.m.-5 p.m. weekdays.
- Talkspace: Access mental health clinicians through this confidential and secure online text and video chat therapy platform. All currently enrolled UK students have access free of charge.
- UK Counseling Center and After-Hours Support: Talk with a mental health clinician after business hours or on the weekend, during holidays or during university closings by calling 859-257-8701 and select option #1.

UK employees

Work + Life Connections: Counseling with a therapist – up to five in-person or virtual therapy sessions each year for employees or dependents at no cost. Specific to substance abuse, a therapist may:

- Discuss substance use and offer support for those wanting to cut down on use without further intervention. A therapist may screen and/or assess individuals seeking therapy for substance or drug use on an individual level.
- Perform a basic screening at intake that can lead to a more formalized screening tool and review with the client
- Refer to intensive outpatient programs, individual therapy with a drug/alcohol certified counselor, a 12-step program or other recovery programs.
- LiveHealth Online: Virtual behavioral health sessions for UK employees and family members covered on a UK health insurance plan at no cost.
- Behavioral health in-person sessions as well as additional mental health and substance abuse services for UK employees and family members covered on a UK health insurance plan.

Program Strengths and Weaknesses

Strengths

- Campus partners: UK has many departments and units spread throughout campus that understand the importance of AOD prevention and education. These departments and units actively seek out partnering with units such as POWER to promote the work on campus.
- **Programming and events:** Many units and staff (e.g., Residence Life) continue to show passion for AOD work in designing creative and engaging programming for students to attend and learn.
- Decrease in high-risk drinking: While the number of students drinking went slightly up from 2019 to 2022 (according to the NCHA-III), the percentage of students participating in high-risk drinking decreased.
- **Resources:** UK has robust resources for both students and employees. Many offices across campus offer a variety of services and programs to members of the community.
- **UK Police training:** All UKPD officers have been trained to use naloxone, used to treat a narcotic overdose in an emergency situation. Officers either carry naloxone on their duty belt or in the police vehicle, where it is available if needed. In addition, naloxone boxes have been installed in buildings on campus where an AED is located. A naloxone training video has been created and will be distributed campus wide in 2023.

Weaknesses

- The pandemic: As with many other IHEs, the height of the pandemic created barriers to learning and inperson events, which made it difficult to effectively reach students with AOD education during the that time.
- Amnesty Clause: The current Code of Student Conduct amnesty clause only provides amnesty for the student seeking medical help, not for the other student(s) for whom they may be seeking medical help. There is a current revision underway to address this.
- **Decentralized programs:** Until the Spring of 2022, AOD student-focused programs and services were based out of various offices and departments across campus. The creation of POWER sought to address this.
- Lack of event/program data: While Student Conduct and the Learning Bar collect some points of data, other programs do not consistently collect data around their AOD-related student education efforts.
- Employee policy awareness: HR Policy #13 Drug Abuse and #14 Alcohol Abuse are not covered extensively in faculty and staff orientations.

Program Goals

Previous Goals

• Continuing campus-wide outreach, prevention, intervention, and recovery programs and supports focused on reducing harmful drinking.

This includes, but is not limited to, supporting the expanded Student Wellness Ambassador program committed to reaching more students across campus through individual peer supports, programs, and well-huts; continuing our partnership with the Student Conduct office and Greek Life by providing interventions for high-risk drinking; programs and events committed to harm reduction strategies; and campus-wide health messaging.

Creating a recovery-ready campus.

We continue to work with our community partners to support students impacted both directly and indirectly by substance use disorder. The Collegiate Recovery Community continues to provide ongoing recovery support, such as recovery coaching, recovery meetings, and training.

Goals for the Next Biennium

Establish Prevention, Outreach, and Wellness Education Resources (POWER).

<u>POWER</u> is a new unit, created in 2022 bringing together programs and services from a variety of other units on campus. A goal for the next two years will be to continue to centralize and streamline the student focused AOD education and prevention efforts through POWER.

Implement the Revised Student Code of Conduct.

As a result of the Kentucky Campus Due Process Protection Act (HB 290), the University of Kentucky's Code of Student Conduct is currently under revision. Relevant updates are being made to the Amnesty and Location. Once the new Code is approved by the UK Board of Trustees, the AOD will seek to make changes to current programs and initiatives and to implement new ones as relevant and needed.

Enhance data collection.

Continue to create and implement data collection methods that focus on the effectiveness of programs and services, particularly educational services.

• Improve awareness of employee policies and resources.

Incorporate HR Policy #13 Drug Abuse and #14 Alcohol Abuse and related resources into new faculty and staff orientation. Increase visibility of drug and alcohol abuse resources and increase awareness of the risks associated with alcohol misuse.