

# HELPING YOU EMPOWER YOURSELF

## MENTAL HEALTH MATTERS

*May is Mental Health Awareness Month — please join us for a free health education event.*

UK HealthCare's Office of Health Disparities, in partnership with local faith leaders, invites you to join us as we recognize mental health month by providing health education, resources and exhibitors.

Participation is free.

MAY 17, 2025  
3 P.M. – 5 P.M.

### Location

The Learning Center  
475 Price Road  
Lexington, KY 40508

### Health Education

- Health & wellness
- Integrative medicine & health
- Mental health

### Featured Exhibitors

- Black Soil
- New Vista
- UK Healthy Kentucky Initiative
- UK Eastern State Hospital
- UK Integrative Medicine & Health
- UK Office of Health Disparities
- UK Workforce & Employment

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For more information, visit  
[ukhealthcare.uky.edu](https://ukhealthcare.uky.edu)



### CREATING A HEALTHIER KENTUCKY

At UK HealthCare, we're leading the way to help all Kentuckians live their healthiest lives.