

JOIN US AT THE BE HEALTHY BASH

FESTIVAL DATE
June 8, 2024
10 a.m. - 1 p.m.

Location

Fayette County Extension Office
1140 Harry Sykes Way
Lexington, KY 40504

Free parking will be available on site.

To be entered into a **prize drawing**, pre-register by visiting ukhealthcare.com/be-healthy-bash

Registration will also be available the day of the event.

Key partners

- UK Barnstable Brown Diabetes Center
- UK HealthCare's Healthy Kentucky Initiative
- Fayette County Extension Office
- Lexington-Fayette Urban County Government (LFUCG)
- Lexington Farmers Market



CREATING A HEALTHIER KENTUCKY

At UK HealthCare, we're leading the way to help all Kentuckians live their healthiest lives.

Eat, play and kick off summer with our **free** family-friendly health and wellness festival. Attendance is open to the public. The Be Healthy Bash will go on rain or shine!

FOOD, FUN & PRIZES

Activities

- Health screenings
- Wellness resources and activities
- Safety education at Safety City
- Cooking demonstrations
- Taste testing
- Free lunch
- Inflatables
- Smoothie bike
- Meet & greet with UK's Wally Cat
- Petting zoo
- Walk with us for a free T-shirt
- Free farm stand voucher
- Vaccinations
- Sports physicals – must call ahead for appointment **859-487-9153**
- Firetruck & Copsicle Van
- Face painting
- Balloon animals
- Music & more

Key Sponsors



Aetna Better Health[®] of Kentucky



Cooperative Extension Service

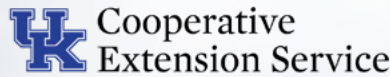
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.



ACOMPÁÑENOS EN EL FESTIVAL BE HEALTHY BASH

FECHA DEL FESTIVAL
El 8 de junio de 2024
de 10 a. m. a 1 p. m.

Lugar

Fayette County Extension Office
1140 Harry Sykes Way
Lexington, KY 40504

Estacionamiento gratuito allí mismo.

Para participar en el **sorteo de premios**, inscribese con anticipación en la página web ukhealthcare.com/be-healthy-bash

La inscripción estará también disponible el día del evento.

Miembros claves

- UK Barnstable Brown Diabetes Center
- UK HealthCare's Healthy Kentucky Initiative
- Fayette County Extension Office
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CREANDO UN KENTUCKY MÁS SALUDABLE

En UK HealthCare, estamos abriendo el camino para ayudar a todos los residentes de Kentucky a vivir vidas más saludables.

Coma, juegue y comience el verano con nuestro festival **gratuito** de salud y bienestar para toda la familia. La asistencia está abierta al público en general. ¡El festival Be Healthy Bash se llevará a cabo llueva o salga el sol!

COMIDA, DIVERSIÓN Y PREMIOS

Actividades

- Exámenes médicos
- Recursos y actividades para el bienestar
- Demostración de cocina
- Degustación
- Almuerzo gratuito
- Inflables
- Bicicleta de batidos
- Conozca y salude a Wally, la mascota de UK
- Zoológico de animales
- Camine con nosotros para recibir una camiseta gratis
- Cupones gratuitos para comprar en nuestro puesto de granja
- Vacunación
- Exámenes médicos deportivos: se debe llamar con antelación para programar cita al **859-487-9153**.
- Maquillaje artístico (pinta-caritas)
- Animales de globos
- Música y mucho más

Patrocinadores claves



Cooperative Extension Service

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